

C-21

Roll No.

Total No. of Questions : 19]

[Total No. of Printed Pages : 4

10thARM(HZ)JKUTL2024-25

421

HEALTH CARE

(Vocational)

Time : 2½ Hours]

[Maximum Marks : 60

Section-A

(Long Answer Type Questions)

6 each

1. What do you mean by personal hygiene ? Write the importance of personal hygiene.

Or

What do you mean by goal setting and how to set goals ?

2. What is Immunization ? What is the importance of Immunization ?

Or

What is drug administration ? List different forms of medicine.

Section-B

(Short Answer Type Questions)

3 each

3. What is the use of laxatives ?

4. What are the techniques of disposing medicines ?

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Turn Over

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5. What is physiotherapy ?
6. Enlist the common health problem that older people may have.
7. List any *three* human diseases caused by bacteria.
8. What is Biomedical waste ?

Section-C

(Very Short Answer Type Questions)

2 each

9. List the qualities of self-motivated peoples.
10. Give any *two* benefits of physiotherapy.
11. What is aging ?
12. What are the major causes of infection in hospital ?
13. What is body mechanism ?
14. List any *three* characteristics of complete order.
15. What is the meaning of sustainable development ?
16. What is time management ?
17. Write the types of communication.
18. What are vital signs ?

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Section-D**(Objective Type Questions)****1 each**

19. (i) What are the normal pulse rate of human adult ?
(A) 40-50 B/min ~~(B)~~ 60-80 B/min
(C) 50-60 B/min (D) 80-100 B/min
- (ii) Chicken pox is a :
(A) Bacterial diseases (B) Fungal diseases
~~(C)~~ Viral diseases (D) None of these
- (iii) Physiotherapy uses which of the following methods ?
~~(A)~~ Physical (B) Biological
(C) Chemical (D) None of these
- (iv) Abbreviation of BID mean :
(A) Twice a day (B) Tonight
(C) Daily ~~(D)~~ Thrice a day
- (v) Normal body temperature of human being is :
(A) 97.6°F (B) 96.6°F
~~(C)~~ 98.6°F (D) 99.8°F
- (vi) Identify the subject in the sentences the children played football :
~~(A)~~ The children (B) Played
(C) Children played (D) All of these

(vii) Who is responsible for the success of green economy in the country ?

(A) Government

(B) Citizen

(C) Social worker

~~(D)~~ All of these

(viii) How many sustainable development goal are given by the United Nation ? <https://www.jkboseonline.com>

~~(A)~~ 17

(B) 18

(C) 15

(D) 20

(ix) What does upright posture convey ?

(A) Pride

~~(B)~~ Confidence

(C) Professionalism

(D) Humanity

(x) Medicine which are kept under the tongue are called :

(A) Buccal medicine

(B) Topical medicine

(C) Oral medicine

~~(D)~~ Sublingual medicine