

Roll No.

Z-53

Total No. of Questions : 14]

[Total No. of Printed Pages : 4

11th ARM(SZ)JKUT2024

1253

HEALTH CARE

(Vocational)

Time : 2½ Hours]

[Maximum Marks : 50

(Long Answer Type Questions)

5 each

1. Define Nutrition. Identify the traits that define a person in good health.

Or

Describe the method of rescue and evacuation drill.

2. What is Immobilization ? What purposes does splints serve ?

Or

Explain the types and purposes of fraction.

3. Illustrate and explain the communication cycle.

Or

What is Personal Hygiene ? List the benefits of maintaining personal hygiene.

11th ARM(SZ)JKUT2024-1253

Turn Over

Z-53

(Short Answer Type Questions)

3 each

4. Write the difference between hospital and clinic.
5. Mention some examples of food that provides carbohydrates.
6. List the elements of primary healthcare.
7. What are the side effects of poor Personal Hygiene ?
8. Name the sectors which are important in green economy.

(Very Short Answer Type Questions)

2 each

9. Define Computer.
10. What is Burn ?
11. 'MDG' stands for
12. What do you mean by Emergency ?
13. Give the definition of rehabilitation.

(Objective Type Questions)

1 each

14. (i) The meaning of word 'Hospitalis' is :
(A) Hotel (B) Hospital
(C) Host (D) Home

(ii) is better than repair.

(A) Treatment

(B) Promotion

(C) Prevention

(D) None of these

(iii) Which among the following is a medical ethics ?

(A) Dependability

(B) Confidentiality

(C) Honesty

(D) Patience

(iv) is a part of reception counter.

(A) Clock system

(B) Waiting area

(C) Record room

(D) All of these

(v) How many steps are there in a care plan ?

(A) 5

(B) 6

(C) 8

(D) 4

(vi) What is the wisest thing to do before you speak ?

(A) Eat a lot

(B) Drinking alcohol

(C) Take a deep breath

(D) Think or reflect

(vii) Humans have lobes in the left lung.

(A) 3

(B) 2

(C) 4

(D) 1

(viii) What is the time duration for medical hand washing ?

(A) 20-30 seconds

(B) 2 minutes

(C) 40-60 seconds

(D) 4 minutes

(ix) PHC means :

(A) Primary Healthy Center

(B) Primary Health Care

(C) Prime Health Care

(D) Primary Healthy Care

(x) The system which protects and supports body organs is called :

(A) Immune

(B) Skeleton

(C) Nervous

(D) Integumentary